

CACHE COUNTY SERVICES DIRECTORY 2013-2014

Who	Services	Location	Phone Number
ADULT EDUCATION			
Bear River Health Department M-Th: 8:00 am-6:00 pm F: 8:00 am-1:00 pm	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	655 E. 1300 N. Logan, UT 84321 Women's Center WIC: nutrition education for expectant moms & children 0-5	435-792-6500 435-792-6451
Bridgerland Applied Technology College	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00	1301 North 600 West Logan, UT 84321	435-753-6780 GED Info. 435-750-3188
Bridgerland Literacy	Assistance in improving or attaining reading skills. Adult programs only www.bridgerlandliteraly.org	1301 North 600 West #610 Logan, UT 84321	435-750-3262
Cache County School District	Adult Education: Mike Kirby -Mt. Crest Jim Stevenson -Sky View	2063 North 1200 East North Logan, UT 84341	435-245-4054 435-563-9221
Cache/Rich Drug Task Force	Drug prevention, information and training.	62 West 300 North Logan, UT 84321	435-716-9333
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 M-F 8:00 am-5:00 pm http://www.jobs.utah.gov	435-792-0300
English Language Center	Language & citizenship classes. Family Literacy Program. Refugee services	1544 North 200 West Logan, UT 84321	435-750-6534 www.elc-cv.org
Bear River Environmental Health Department	Food handler's classes, health inspections, & clean air quality. www.brhd.org/environmentalhealth	85 East 1800 North Logan, UT 84321	435-792-6570
Heart t' Heart	Support group for any addiction or co-dependency. Wednesdays- just for men www.heart-t-heart.org	600 South 200 East Hyrum Stake Center Hyrum, UT 84319 255 North Main RM #158 Logan, UT 84321	435-512-2108 Colleen 435-512-2107 Phil
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave. Logan, UT 84321	435-752-1976 Finu.org
LDS Employment Resource Center	Job board, training videos, classes on job search, self-employment information resume assistance, all welcome	175 W. 1400 N. Ste C Logan, UT 84321	435-752-7911 www.ldsjobs.org
Logan School District	Adult Education- Call Jill Lowe	101 W. Center Logan, UT 84321	435-755-2300
Maximum Style Technology	Cosmetology school, financial aide available.	255 South Main Logan, UT 84321	435-752-3599
New Horizons Beauty College	Beautician Licensing	550 North Main Suite 115 Logan, UT 84321	435-753-9779
Stevens Henager College	Associate, Bachelor or Master degree training programs in business, medical and computer training etc. http://www.stevenshenager.edu	755 S. Main St. Logan, UT 84321	435-713-4777
USU Access and Diversity Center	For re-entry students scholarships, opportunities, campus resources.	0185 Old Main Hill (TSC) RM #315, Logan, UT 84321	435-797-1728

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Who	Services	Location	Phone Number
Utah State University	College education. USU Campus	1600 Old Main Hill (TSC) Logan, UT 84321 Gen. Admission Financial Aid	435-797-1079 435-797-0173
USU Testing	GED Testing for-\$120.00 ACT tests 8:30am Wednesday for \$50.00	0118 Old Main Hill University Inn Rm #115 Logan, UT 84321	435-797-1004
CHEMICAL DEPENDENCY			
Alcoholics Anonymous	Support group for adults with an alcohol problem.	www.loganaa.org for times and locations	435-755-7772
Bear River Health Department Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of substance abuse, prevention services, & women's programs. Free pamphlets	655 East 1300 North Logan, UT 84321 M-Th: 7:00 am-6:00 pm F: 8:00 am-1:00 pm	435-792-6420 After hours crisis: 435-881-0358
Cache/Rich Drug Task Force	Drug prevention, information and training.	62 West 300 North Logan, UT 84321	435-716-9333
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave Logan, UT 84321	435-752-1976 Finu.org
Heart t' Heart	Support group for any addiction or co-dependency. Wednesdays- just for men www.heart-t-heart.org	600 South 200 East Hyrum Stake Center Hyrum, UT 84319 255 N. Main Rm. 2 Logan, UT 84321	435-245-4744 Colleen 435-512-2107 Phil
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
CHILD CARE			
Alliance for Children	Food reimbursement for children under care of state care providers.	Karla Spackman	435-752-7985
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan, UT 84321	435-752-8880
Child Care Connection	Childcare assistance for qualifying families; home & center-base program. Ages 3-5	95 West 100 South #200 Logan, UT 84321	435-755-0081
Child Support Enforcement Program	Office of Recovery Services Mon-Thur 7am-6pm, except holidays. Closed Fri.	Call for more information	1-801-536-8500
Child Care Resource & Referral	Childcare referral, support for childcare providers www.usuchild.usu.edu	6510 Old Main Hill EEJC Bldg #11 Logan, UT 84322	435-797-1552 1-800-670-1552
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave. Logan, UT 84321	435-752-1976 finu.org
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, & unemployment insurance claims, etc. CHIP health insurance for ages 0-18, who qualify-Medicaid, PCN, UPP	180 North 100 West Logan, UT 84321 http://www.jobs.utah.gov	435-792-0300
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W.Golf Course Rd SteB Logan, UT 84321	435-787-3400

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Who	Services	Location	Phone Number
COMMUNITY INVOLVEMENT			
Boys & Girls Club of Northern Utah	For children ages K-6 grades. Located at Bear River Charter Scholl	75 South 400 West Logan, UT 84321	435-512-4171
Cache Employment and Training Center	Provide services for individuals with disabilities in order to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities. www.cgadventures.org	335 North 100 East Logan, UT 84321	435-713-0288
Hyrum City Library	Hours: Mon. 10-7, Tue-Fri 12-7 & Sat 10-3pm Have Storytime. Pre-registration is needed. Spanish Storytime also.	50 W. Main Hyrum, UT 84319	435-245-6411
Logan Library	Mon-Thurs 10-9pm & Fri-Sat 10-6pm Have Storytime.	255 North Main Logan, UT 84321	435-716-9123
North Logan Library	Tues-Fri 10-7pm & Mon & Sat 12-4pm Have Storytime.	475 E. 2500 N. North Logan, UT 84341	435-755-7169
Richmond Public Library	Mon, Wed, Fri 2-6pm & Sat 9-1pm & Tue & Thurs 10-12 & 2-8, Storytime Thursday 10:30-11:30.	38 West Main Richmond, UT 84333	435-258-5525
Cache County Senior Citizen's Center	Helps senior citizens, Meals on Wheels service opportunities-lunch served. Exercise & recreational equipment. Local field trips & more.	240 North 100 East Logan, UT 84321	435-755-1720
Smithfield Public Library	Hours: Mon-Thurs. 11-7pm Fri. 2:30-5:00pm Sat. 11:00-3:00pm Pre-register for Storytime. School year Sept-April or Summer, June-Aug.	25 North Main Smithfield, UT 84335 smithfieldcity.org	435-563-3555
USU PALS	Mentoring program for children.	Val R. Christenson Service Center @ USU	435-797-2912
Youth & Families with Promise 4-H YFP	Mentoring program to help at risk youth ages 10-14.	2975 Old Main Logan, UT 84321	435-797-1543 (State) 435-797-4444 (Local)
EMPLOYMENT			
Bridgerland Applied Technology College	Job training in drafting, office technology systems, automotive repair, dental assisting, etc. GED testing for - \$120.00	1301 North 600 West Logan, UT 84321	For GED info. call 435-750-3188
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 M-W: 8:00 am-5:00 pm http://www.jobs.utah.gov	435-792-0300
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd Ste D Logan, UT 84321	435-787-3480
Intermountain Staffing Resources	Provide job search for temporary or permanent employment. Employment listings,	130 S. Main #205 Logan, UT 84321 Intermountainstaffings.com	435-752-9797

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LDS Employment Resource Center	Job board, training videos, classes on job search, self-employment information resume assistance, all welcome. Career workshops, self-employment, professional placement workshop, work at home workshops.	175 W. 1400 N. Ste C Logan, UT 84321	435-752-7911 www.ldsjobs.org
Logan Regional Hospital	Employment Job Board- www.ihc.com	500 East 1400 North Logan, UT 84321	435-716-1000 operator 435-716-5321H.R.
Maximum Style Technology	Cosmetology school, financial aide available.	258 South Main Logan, UT 84321	435-752-3599
New Horizons Beauty College	Beautician Licensing	550 North Main Suite 115 Logan, UT 84321	435-753-9779
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
USU Employment	Job board & referral service. www.usu.edu/studemp	USU Taggart Student Center 1600 Old Main Hill Rm 106 Logan, UT 84322	435-797-0184
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 E. 300 S. 3 rd Floor SLC, UT 84111	1-800-222-1238
FAMILY RELATIONS			
Bear River Preschool Head Start	Preschool-child & family development program for eligible families. Ages 3-5	95 West 100 South #200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 office 435-753-0951 center
Family Information & Resource Center	Story time, toys, books, training videos to check out free, workshops, literacy program, Parents as teachers ages 0-5 Wednesday evening parenting classes 7:00-9:00 pm	Open to Public M-F 9:00 am-4:00 pm 50 South 400 East Logan, UT 84321	435-755-5171
Share Parents	Support group for families who've had a miscarriage, stillbirth, or new born death Meet on 2 nd Thurs of the month at 7:00	Logan Hospital 500 East 1400 North Rm 7 Logan, UT 84321	435-753-0687 shareparents@slinet.net
FOOD, NUTRITION, & CLOTHING			
Alliance for Children	Food reimbursement for children under care of state care providers.	Karla Spackman	435-752-7985
Bear River Health Department M-Th: 7:00 am-6:00 pm F: 8:00 am-1:00 PM	Health education, immunizations, <i>WIC food program</i> , cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, <i>breastfeeding education</i> , birth & death certificates, <i>infant development for premature babies</i> .	655 E. 1300 N. Logan, UT 84321 Women's Center WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 M-W: 8:00 am-5:00 pm http://www.jobs.utah.gov	435-792-0300

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Deseret Industries	Sells used clothing and toys, etc. for discounted price.	175 W. 1400 N. Ste B Logan, UT 84321	435-752-4511
Food Pantry	Emergency food help. Must qualify. After you are on the program food pick-up is Tuesdays from 10-3pm Mon-Thurs 8:00-3:30, Fri. 8:00-12:00	359 South Main Logan, UT 84321	435-753-7140
State Food Sense Nutrition Education Program (USU Extension Program)	Teaches how to use food budget wisely, make nutritious meals, and food classes. Serves various counties. Go through local Extension service.	179 N. Main St. Ste #111 Logan, UT 84321 Cache County: State # :	435-752-6263 1-888-744-3232
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 N. 500 E. Logan, UT 84321 For class information:	435-716-5329 435-716-5310
National Hispanic Prenatal Helpline English & Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
Pregnancy Risk line	Free services & information on use of drugs/herbs during pregnancy /lactation.	M-Th. 8:00am – 6:00 pm Salt Lake City, UT 84111	1-800-822-2229
Somebody's Attic	Sells used clothing and toys, etc. for discounted price. 11-5	39 West 100 North Logan, UT 84321	435-752-8502
Somebody's Attic Too	Sells used clothing, toys, etc. for discounted prices. 11-5	3 rd South Main Smithfield, UT 84335	435-563-5802
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Ste #111 Logan, UT 84321	435-752-6263
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan, UT 84321 Marriage/Family Therapy Housing/Financial Counseling	Call for times: 435-797-7430 435-797-7224
HOUSING/SHELTER			
Bear River Assoc. of Governments-BRAG	Emergency, & heat assistance, housing subsidy information community & economic development. Aging services.	170 North Main Logan, UT 84321 www.brag.utah.gov	435-752-7242
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group home, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
Countryside Manor	Subsidized apartments. Mon-Fri. 8:00 am-1:00 pm	950 East Hwy 101 Hyrum, UT 84319	435-245-6833
CAPSA-Community Abuse Prevention Services Agency www.capsa.org	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 435-753-2500 Office: 435-752-4493

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Who	Services	Location	Phone Number
Habitat for Humanity	Home-building assistance for low-income families.	55 East 100 North Ste 104 Logan, UT 84321	435-752-8419
Homechoice Utah	Home ownership opportunities for people with disabilities;	Must register through phone line.	1-866-493-4500
In Home Service Program (BRAG)	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-713-1467
Logan Point Apartments	Housing assistance- must qualify- application fee \$25.00.	1320 North 200 East Logan, UT 84321	435-753-1300
Neighborhood Non-Profit Housing Corp. M-F 8:30-4:30	Home-building assistance for low-income families in Cache & Box Elder. www.nnhc.net	195 West Golf Course Rd Suite 104 Logan, UT 84321	435-753-1112
North Point Apartments	Housing assistance- must qualify- application fee-\$25.00	1580 North 200 East Logan, UT 84321	435-752-8787
Riverwalk Apartments	Subsidized housing; No pets. 2 bathrooms, 3 bedrooms.	781 South Riverwalk Drive Logan, UT 84321	435-753-5324
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan, UT 84321 Marriage/Family Therapy Housing/Financial Counseling	Call for times: 435-797-7430 435-797-7224
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment and OSHA	Information hotline	1-800-530-5090
INCOME/BUDGET			
Department of Workforce Services	Financial, medical, childcare assistance, food stamps, employment workshops, training, guidance counseling, Veteran services & unemployment insurance claims, etc.	180 North 100 West Logan, UT 84321 M-F: 8:00 am-5:00 pm http://www.jobs.utah.gov	435-792-0300
Social Security Administration	Available every Thursday from 10-3 at DWFS.	324 25 th St. Ogden, UT 84401	1-800-772-1213
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Ste #111 Logan, UT 84321	435-752-6263
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan, UT 84321 Marriage/Family Therapy Housing/Financial Counseling	Call for times: 435-797-7430 435-797-7224
LEGAL PROBLEMS			
CAPSA-Community Abuse Prevention Services Agency www.capsa.org	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 435-753-2500 Office: 435-752-4493

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Child Support Enforcement Program	Office of Recovery Services Mon-Thur 7am-6pm, except holidays. Closed Fri.	Call for more information	1-801-536-8500
Guardian Ad Litem	Court appointed guardians	135 N. 100 W. Logan, UT 84321	435-713-6220
Holy Cross Immigration Lawyers	Legal assistance to those who have immigrated. Call for an appointment. \$20 Consultation fee.	250 East 725 South Catholic Church Hyde Park, UT 84318	435-752-1478 Mary, Ext. 103 Lorena, Ext. 104
Legal Services	Free legal advice 2 nd & 4 th Thursdays 1:30-4:30pm Conference Room Please call first	135 North 100 West Logan, UT 84321	Court Clerk 435-750-1300
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Thursday Night at the Bar	Service is designed for those who cannot otherwise afford an attorney. Services will be provided on a first come, first serve basis. Second Thursdays from 6-7 pm. Call for more information.	Cache County Council Chambers 199 N. Main Logan, UT 84321	Rand Henderson Law Offices 435-752-1551 kif@oh-pc.com
Utah Self-Help Legal Services	Legal information and assistance	www.utcourts.gov/selfhelp	1-888-683-0009
Utah Labor Commission	Information on labor laws, housing, discrimination, and employment.	160 East 300 South SLC, UT 84114	1-800-530-5090
MEDICAL & DENTAL			
AIDS Hotline CDC	Information & support	Open 24 hours a day	1-800-232-4636
Bear River Health Department M-Th. 7:00 am-6:00 pm F: 8:00 am-1:00 pm	Health education, immunizations, <i>WIC food program</i> , cervical cancer & disease screenings, home health services, food handlers permits, immigration physicals, <i>breastfeeding education</i> , birth & death certificates, <i>infant development for premature babies</i> .	655 E. 1300 N. Logan, UT 84321 Women's Center WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Cache Valley Community Health Clinic	Medical & dental services for those with NO Medicaid, Medicare, or insurance. Tuesday & Thursday from 6-9pm.	272 ½ North Main Logan, UT 84321	435-752-7060
Cache Valley Community Health Center	Offers medical, dental, pharmacy, mental/behavioral health, and nutrition services to the community on a sliding fee scale. Accepts most insurances. After hours and urgent care center available 24/7.	1515 North 400 East North Logan, UT 84341 South Location 26 West Main St. Ste 3B Hyrum, UT 84339	435-755-6061 M-F 9:00am-9:00pm Sat. 9:00am-3:00pm 435-245-6988 M-F 9:00 am-7:00 pm
CHIP DWS	Health insurance for ages 0-18, who qualify- Medicaid, PCN, UPP.	180 North 100 West Logan, UT 84321	435-792-0300
Dental Care	For a list of dentists in your area call Cherie at Head Start	95 W. 100 S. #200 Logan, UT 84321	435-755-0081 Ext. 240
Division of Vocational Rehabilitation	Job training & placement. Must meet guidelines.	115 W. Golf Course Rd Ste D Logan, UT 84321	435-787-3480

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Who	Services	Location	Phone Number
Health Resource Line	General Health information	Baby your baby Immunization Hotline	1-800-826-9662 1-800-275-0659
Logan Regional Hospital Insta-Care	Medical services. Insta-care clinic for walk-in needs.	412 North 200 East Logan, UT 84321	435-713-2700
Medicaid DWS	Information & assistance for those who qualify for WIC, PCN, CHIP, UPP	180 North 100 West Logan, UT 84321	435-792-0300
Partnership for Prescription Plan	Assistance with prescriptions.	Call for information.	1-866-475-3678
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan, UT 84321 Emergency #	435-753-0724 1-800-230-7526 435-716-1000
Poison Control	Advice for poison ingestion.	Hotline	1-800-222-1222
211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Su Familia- National Hispanic Family Health Helpline	Health information for Hispanic families to prevent/manage chronic conditions like asthma, cardiovascular disease, child cancer screening, immunizations, diabetes, domestic violence, HIV/AIDS, references to providers, programs & children's health insurance.	Toll-free helpline is open Mon – Fri. 9am-6pm Eastern Time	1-866-783-2645 1-866-SU-FAMILIA
MENTAL, SOCIAL, & EMOTIONAL HEALTH			
Affirmative Action	Provides information on affirmative action, equal opportunity.	9535 Old Main Hill Military Science Bldg.#118 Logan, UT 84321	435-797-1266
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
Bear River Health Department Division of Substance Abuse	Counseling for individuals, families, youth or groups for any type of substance abuse, prevention services, & women's programs. Free pamphlets	655 East 1300 North Logan, UT 84321 M-Th: 8:00 am-6:00 pm F: 8:00 am-1:00 pm	435-792-6420 After hours crisis: 435-881-0358
Breast Cancer Support Group	Survivors will visit those with cancer receive free information & products.	American Cancer Society	1-800-234-0533
Cache Employment and Training Center	Provide services for individuals with disabilities in order to maximize their vocational and/or independent living skills. Day training, supported employment, seniors program, family support, respite, supported living, vocational evaluations, and volunteer programs.	275 West 400 South Logan, UT 84321	435-752-7952
CAPSA-Community Abuse Prevention Services Agency www.capsa.org	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 435-753-2500 Office: 435-752-4493

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Who	Services	Location	Phone Number
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	6800 Old Main Hill Logan, UT 84322	435-797-1981
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan, UT 84321	435-752-8880
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	1-801-393-8671
Common Ground Outdoor Adventures	Recreational & outdoor activities for children and adults with disabilities. www.cgadventures.org	335 North 100 East Logan, UT 84321	435-713-0288
Division of Services-Persons w/ Disabilities	Help for those who qualify; Family to Family Network, parent support group.	Utah Parent Center 230 West 200 South SLC, UT 84101	1-800-468-1160
Division of Child and Family Services	Protection for abused and neglected children, foster care & adoption info.	115 W.Golf Course Rd SteB Logan, UT 84321	435-787-3400
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home	6880 Old Main Hill, CPD #173 Logan, UT 84321	435-797-1981
Homechoice Utah	Home ownership opportunities for people with disabilities;	Must register through phone line.	1-866-493-4500
Hospice	Support/sharing group for grieving children & adults; books on grieving, dying and death.	550 E. 1400 N. Ste G Logan, UT 84321	435-716-5477
In Home Service Program (through BRAG)	Senior companion program, health insurance information, helps prevent long-term placement before necessary.	170 North Main Logan, UT 84321	435-752-7242
Intermountain Specialized Abuse Treatment Center	Sexual & other abuse therapy for all ages, Individual & group counseling. Sliding fee scale.	189 South St. Ste #160 Clearfield, UT 84015	435-773-2044 Hotline 1-800-303-9805
Family Institute of Northern Utah	Counseling for children who witness conflict, child/ parenting groups' classes.	175 East Pioneer Ave. Logan, UT 84321	435-752-1976
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women, adoption, placement services. All Welcome.	175 West 1400 North Suite A Logan, UT 84321	435-752-5302
National Alliance for the Mentally ill- NAMI	Meetings, classes, & support for people with mental illnesses & their families.	200 N. 90 E. Bsmt. North side entrance Logan, UT 84321	435-787-4165
National Hispanic Prenatal Helpline English & Spanish	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns	Toll-free helpline is open Mon.-Fri. 9am – 6pm Eastern Time	1-800-504-7081
New Discoveries Clubhouse	Offers social support services to persons with mental illness. 24-hour "You've Got a Friend" hotline.	1153 N. Main Ste B120 Logan, UT 84321	435-213-3666 24 hour hotline 435-890-3628
Options for Independence	Services to individuals with any type of disability; for all ages.	106 East 1120 North Logan, UT 84341	435-753-5353 1-800-753-2344
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan, UT 84321 Emergency #	435-753-0724 1-800-230-7526 435-716-1000

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211 Information & Referral	Information on employment program, emergency shelter/housing, support groups, food assistance, community health clinics, mental health, substance abuse, legal resources, etc.		Dial 211
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill USU (N. of Edith Bowen) Logan, UT 84332	435-797-0592 1-866-695-4336
USU Dept. of Psychology-Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance-sliding scale fee.	USU Education Building 2810 Old Main Hill 4 th Floor Rm # 413 Logan, UT 84321	435-797-3401
USU Family Life Center	Counseling for eating disorders, family couple, personal, financial, & housing on sliding scale fee.	493 N. 700 E. Logan, UT 84321 Marriage/Family Therapy Housing/Financial Counseling	Call for times: 435-797-7430 435-797-7224
Victim Services	Info. & assistance for victims of crime	199 North Main Basement Logan, UT 84321	435-755-1830
PARENTING/CHILD EDUCATION			
American Red Cross	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	2955 Harrison Blvd Ogden, UT 84403	801-627-0000
Bear River Early Head Start	<i>Infant/toddler home-based program for pregnant women & children ages 0-3.</i>	95 W. 100 S. Ste #200 Logan, UT 84321	435-755-0081
Bear River Head Start	Parenting classes for all families enrolled in the program.	852 South 100 West Logan, UT 84321	Ask your advocate/ case manager for more information
Bear River Mental Health	Counseling, 24-hour crisis line, group & individual programs, outpatient, day & education programs, prevention, group homes, & apartments for mentally ill.	90 East 200 North Logan, UT 84321	435-752-0750
Bear River Preschool Head Start	Preschool-child & family development program for eligible families. Ages 3-5	95 West 100 South #200 Logan, UT 84321 852 South 100 West Logan, UT 84321	435-755-0081 offices 435-753-0951 Center
CAPSA-Community Abuse Prevention Services Agency www.capsa.org	Emergency shelter for abuse & sexual assault victims; counseling, 24-hour crisis hotline & mobile response team, support group, presentation/ workshops, Protective Order assistance.	Shelter location confidential Office located in Logan	Crisis Line: 435-753-2500 Office: 435-752-4493
Center for Persons with Disabilities	Services for children and adults with disabilities, etc.	6800 Old Main Hill (N. of Edith Bowen) Logan, UT 84321	435-797-1981
Child Care Connection	Childcare assistance for qualifying families; home & center-base program. Ages 3-5	95 West 100 South #200 Logan, UT 84321	435-755-0081
Child and Family Support Center	Children's & parenting classes, child neglect /abuse prevention & counseling.	380 West 1400 North Logan, UT 84321	435-752-8880

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Who	Services	Location	Phone Number
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	1-801-393-8671
Family Resource Library	Books, audio, videos about behavioral management, handicapping conditions & learning at home	6800 Old Main Hill, CPD #173 Logan, UT 84321	435-797-1981
Health Resource Line	General Health information	Baby your baby Immunization Hotline	1-800-826-9662 1-800-275-0659
Hospice	Support/sharing group for grieving children & adults; books on grieving, dying and death.	550 E. 1400 N. Ste G Logan, UT 84321	435-716-5477
Hyrum City Library	Hours: Mon 10-7, Tues-Fri 12-7 & Sat 10-3pm Have Storytime. Pre-registration is needed. Spanish Storytime also.	50 W. Main Hyrum, UT 84319	435-245-6411
Logan Hospital Nutrition Center	Help for parents or children with food allergies, eating problems, diabetes, & weight issues; children's classes.	1400 N. 500 E. Logan, UT 84321 For class information:	435-716-5329 435-716-5310
Logan Library	Mon-Thurs 10-9pm & Fri-Sat 10-6pm Have Storytime.	255 North Main Logan, UT 84321	435-716-9123
North Logan Library	Tues-Fri 10-7pm & Mon & Sat 12-4pm Have Storytime.	475 E. 2500 N. North Logan, UT 84341	435-755-7169
Parenting therapy Group	Information on child guidance, discipline development, behavior, blended families	Family Institute 175 East Pioneer Ave Logan, UT 84321	435-752-1976
Richmond Public Library	Mon, Wed, Fri 2-6pm & Sat 9-1pm & Tue & Thurs 10-12 & 2-8, Storytime Thursday 10-11.	38 West Main Richmond, UT 84333	435-258-5525
Smithfield Public Library	Hours: Mon-Thurs. 11-7pm Fri. 2:30-5:00pm Sat. 11:00-3:00pm Pre-register for Storytime. School year Sept-April or Summer, June-Aug.	25 North Main Smithfield, UT 84335 smithfieldcity.org	435-563-3555
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free developmental screenings.	6810 Old Main Hill USU (N. of Edith Bowen) Logan, UT 84332	435-797-0592 1-866-695-4336
USU PALS	Mentoring program for children.	Val R. Christenson Service Center @ USU	435-713-6375
USU Cache County Extension Services	Information on food prep., budgeting, gardening, canning, youth mentoring programs, agriculture, horticulture, 4-H, home canning, food preservation.	179 North Main Ste #111 Logan, UT 84321	435-752-6263
USU Dept. of Psychology-Community Clinic	ADHD, ADD, learning disabilities tests, behavior therapy for children & adults, works with many disorders, parent training, marriage & family counseling, sliding scale. No insurance- just sliding scale fee.	USU Education Building 2810 Old Main Hill 4 th Floor Rm # 413 Logan, UT 84321	435-797-3401
Youth & Families with Promise 4-H YFP	Mentoring program to help at risk youth ages 10-14.	2975 Old Main Logan, UT 84321	435-797-1543 (State) 435-797-4444 (Local)
PREGNANCY & INFANT CARE			
Bear River Early Head Start	Infant/toddler home-based program for pregnant women & children ages 0-3.	95 W 100 S Ste #200 Logan, UT 84321	435-755-0081
Bear River Health Department	Health education, immunizations, WIC food program, cervical cancer & disease screenings, home health services, food	655 E. 1300 N. Logan, UT 84321	

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Who	Services	Location	Phone Number
M-Th. 7:00 am-6:00 pm Closed Fridays	handlers permits, immigration physicals, breastfeeding education, birth & death certificates, infant development for premature babies.	Women's Center WIC: nutrition education for expectant moms & children 0-5 Breastfeeding Clinic	435-792-6500 435-792-6451 435-792-6466
Baby your Baby Bear River Health Department	Immunization at low cost, birth control-family planning. Prenatal assistance must qualify.	655 East 1300 North Logan, UT 84321 Hotline:	435-792-6500 1-800-826-9662
Children's Aid Society of Utah	Adoption services, crisis pregnancy, counseling & parenting classes.	652 26 th Street Ogden, UT 84401	1-801-393-8671
IHC Lactation Clinic	Breastfeeding classes \$15.00/ pregnancy education classes \$60.00 for 6 week or 4 week options www.intermountainhealthcare.org	500 East 1400 North Logan, UT 84321 Logan Hospital: Women's Center:	435-716-1000 435-716-2560
La Leche League	Breastfeeding education/information, lending library, phone help.	3 rd Thursday meetings at 7:00pm	Karin or Aneesa 435-554-8667
LDS Family Services	Social services, counseling, addiction recovery program, support group for pregnant young women, adoption, placement services. All Welcome.	175 West 1400 North Suite A Logan, UT 84321	435-752-5302
National Hispanic Prenatal Helpline	Referrals to prenatal care providers in area, information on pregnancy health issues, depression, nutrition, concerns.	Mon.-Fri. 9am – 6pm Eastern Time	Toll Free help line 1-800-504-7081
Newborn Intensive Care Support Group	For parents & family members who have had a baby in NICU.	Logan Regional Hospital 500 East 1400 North Logan, UT 84321	435-716-5569 Call for times
Planned Parenthood	Pregnancy tests, exams, counseling, birth control prescriptions on sliding fee scale, & resource materials.	550 N. Main #17 Logan, UT 84321 Emergency #	435-753-0724 1-800-230-7526 435-716-1000
Pregnancy Risk line	Free services & information on use of drugs/herbs during pregnancy /lactation.	Salt Lake City	1-800-822-2229
Up-to-3 Early Intervention	Services for children ages 0-3, with disabilities or delays; free develop- mental screenings.	6810 Old Main Hill USU (N. of Edith Bowen) Logan, UT 84332	435-797-0592 1-866-695-4336
TRANSPORTATION			
LTD-Logan City Bus CVTD-Hyrum-Richmond	Logan public bus. No cost to ride.	754 W. 600 N. Logan, UT 84321	Route/schedule info 435-752-2877
Axtell-Taylor	Reduced-cost Car Seats & checks	1955 N. Main Logan, UT 84321	435-752-6801
Bear River Health Department Kids First Class	Reduced-cost car seats by attending Kids First Class. Classes are every other month on the 4 th Wednesday. Car Seat Checks-Appointment Only Child passenger safety education class; cost \$35.00:	655 East 1300 North Logan, UT 84321	435-792-6510
Driver License Division	Obtain a driver's license.	110 East 700 South Logan, UT 84321	435-752-0332
Bear River Head Start Car Seat	Reduced-cost Car Seats-Clients only	95 W. 100 S. Ste 200 Logan, UT 84321	1-877-755-0081

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Who	Services	Location	Phone Number
Checks			
Motor Vehicle Division (Cache County Assessor)	Register motor vehicles.	179 North Main Logan, UT 84321	435-755-1610 or 435-716-7110
UTILITIES			
American Red Cross	Disaster preparation, prevention, and response to emergencies; CPR, first aid training, utility assistance must qualify.	2955 Harrison Blvd Ogden, UT 84403	801-627-0000
Bear River Assoc. of Governments-BRAG	Emergency, & heat assistance available Nov-Apr., housing subsidy information community & economic development.	170 North Main Logan, UT 84321	435-752-7242